

Exercise S2-3 Higher Power Connection

In this exercise, we write a letter to God. The letter explains how we believe that He has used all the higher powers in our inventory to work together for His purpose in our life and to bring us closer to Him.

Date

Dear God,

I know that you use everything and everyone to help restore me to sanity because you love me.

I see this clearly now by the way you used _____

(use as much space as you need)

Your faithful servant,
